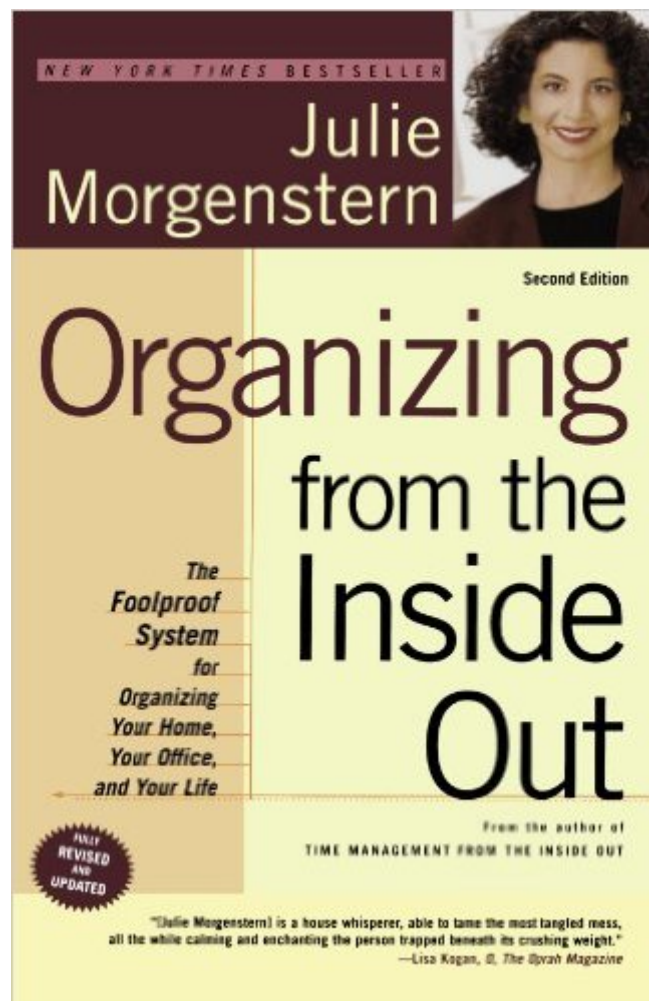


The book was found

Organizing From The Inside Out, Second Edition: The Foolproof System For Organizing Your Home, Your Office And Your Life



Synopsis

The New York Times bestselling guide to putting things in order. Put America's #1 organizer to work for you. Getting organized is a skill that anyone can learn, and there's no better teacher than America's organizing queen, Julie Morgenstern, as hundreds of thousands of readers have learned. Drawing on her years of experience as a professional organizer, Morgenstern outlines a simple organizing plan that starts with understanding your individual goals, natural habits, and psychological needs, so that you can work with your priorities and personality rather than against them. The basic steps-Analyze, Strategize, Attack-can be applied to any space or situation. In this thoroughly revised edition, Morgenstern has incorporated new information in response to feedback from her clients and audiences. These changes include - new chapters on organizing photographs, handbags, briefcases, and travel bags - an expanded program for organizing your kitchen - a new guide to getting started- a guide to taming time and technology - a fully updated resource guide So whether it's a refrigerator cluttered with leftover mystery meals, a generation's worth of family photographs, or the challenge of living or working with a disorganized person, Julie Morgenstern will show you how to handle it all.

Book Information

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Customer Reviews

Morgenstern has a different approach than most authors who write books about getting organized. She divides the book into four sections: Laying the Foundation, Secrets of a Professional Organizer, Applying what You've Learned, and Tackling Time & Technology. Sounds ordinary, but the first

section is priceless. And, throughout the book she includes textboxes of "insiders tips" and "avoiding common pitfalls." Many of us try hard to be organized and end up cluttering our house with organizing books, baskets, filing cabinets, and other gadgets. We get our house almost organized, yet find there's one room or task we just can't do. Are we sabotaging ourselves? Yes, according to Morgenstern. She quotes, "You can't fix it till you know what's broken" and explains that until you know why you stray toward disorganization, you will never master it. Psychological obstacles are one of three factors in clutter, according to Morgenstern (the other two are errors in your "organizing system" and external realities. But she deals with the psychological aspect in a brisk, energizing chapter that actually motivates you. Her actual organizational tips revolve around three essential steps: 1. Analyze (evaluate your current situation and what's not working.) 2. Strategize (Create plan and realistic estimate of how long it will take.) 3. Attack (Dive into the work.) The Analyze and Strategize sections are actually very useful and are easy to tackle. You will need a notebook, and will go from room to room answering 5 questions: What's working? What's not working? What items are most essential to you? Why do you want to get organized? (i.e.

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